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Autism: THE STRENGTHS

Understanding, embracing and celebrating different ways of thinking is important for every organisation and team. Here are some positive attributes which can be associated with autism.



Attention to detail

- Thoroughness
- Accuracy



Methodical approach

- Analytical
- Spotting patterns, repetition



Deep focus

- Concentration
- Freedom from distraction



Novel approaches

- Unique thought processes
- Innovative solutions



Observational skills

- Listen, look, learn approach
- Fact finding



Creativity

- Distinctive imagination
- Expression of ideas



Absorb and retain facts

- Excellent long term memory
- Superior recall



Tenacity and resilience

- Determination
- Challenge opinions



Visual skills

- Visual learning and recall
- Detail-focused



Accepting of difference

- Less likely to judge others
- May question norms



Expertise

- In-depth knowledge
- High level of skills



Integrity

- Honesty, loyalty
- Commitment

Remember: Every experience of autism is unique. No one person will identify with every feature of autism. We all have individual skills, attributes and characteristics that are as unique as our personalities - this is the power of neurodiversity.

But Jesus said, "Let the children come to me, and do not prevent them; for the kingdom of heaven belongs to such as these."

-Matthew 19:14



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National Autism Awareness Month

What is Autism ?

Autism is a lifelong developmental disability that affects how a person communicates with, and relates to, other people. It also affects how they make sense of the world around them.

It is a spectrum condition, which means that, while all people with autism share certain difficulties, their condition will affect them in different ways.



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Autism Spectrum Disorder (ASD):



Autism is a neurodevelopmental disorder that affects the brain's ability to process information



It affects about 1 in 68 children in the U.S.



There isn't a cure, but early recognition and therapy can reduce symptoms and support development and learning.

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