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Brought to you by the Holy Family Health Ministry **August is Eye Health Month**

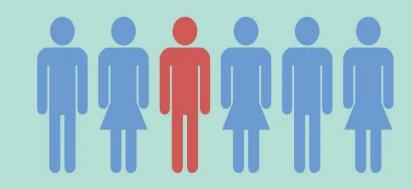
It's Time for an Eye Exam

Seniors need a comprehensive eye exam every 1 to 2 years.



By age 65, one in six Americans has a vision impairment that cannot be corrected with glasses or contact lenses.

Early detection and treatment improves quality of life.



Your eye is the lamp of your body. When your eye is healthy, your whole body is full of light, but when it is bad, your body is full of darkness. Take care, then, that the light in you not become darkness. Luke 11: 34-35





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