

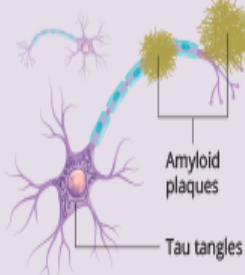
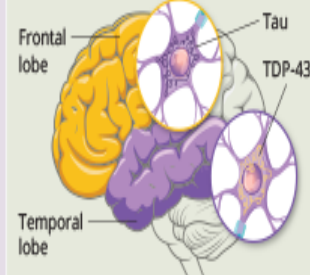
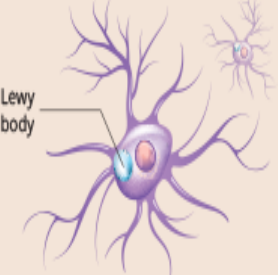
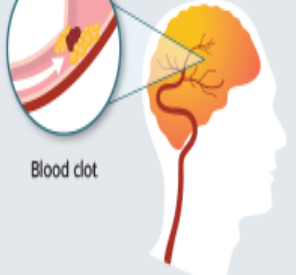


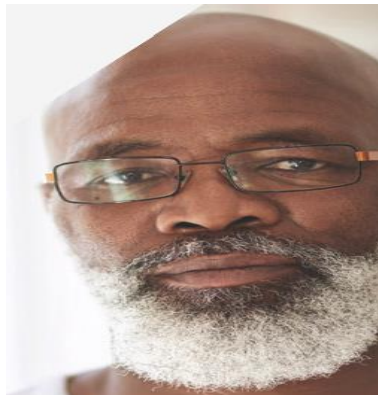
Brought to you by the Holy Family Health Ministry

November is Alzheimer's disease awareness month

**Dementia is a collective name for brain conditions which affect memory, thinking, behavior and emotion, and is the leading cause of disability and dependency among the elderly.**

### TYPES OF DEMENTIA

Alzheimer's Disease	Frontotemporal Dementia	Lewy Body Dementia	Vascular Dementia
What Is Happening in the Brain?*			
<p>Abnormal deposits of proteins form amyloid plaques and tau tangles throughout the brain.</p>  <p>Amyloid plaques Tau tangles</p>	<p>Abnormal amounts or forms of tau and TDP-43 proteins accumulate inside neurons in the frontal and temporal lobes.</p>  <p>Frontal lobe Tau TDP-43 Temporal lobe</p>	<p>Abnormal deposits of the alpha-synuclein protein, called "Lewy bodies," affect the brain's chemical messengers.</p>  <p>Lewy body</p>	<p>Conditions, such as blood clots, disrupt blood flow in the brain.</p>  <p>Blood clot</p>



### Percentage of Adults Aged 65 and Older with Alzheimer's Disease by Race and Ethnicity



Set your *minds* on things that are above, not on things that are on earth. **Colossians 3:2**  
Therefore, preparing your *minds* for action, and being *sober-minded*, set your hope fully on the grace that will be brought to you at the revelation of Jesus Christ. **1 Peter 1:13**



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- If you notice these symptoms in yourself or loved one, seek medical consultation.
- In many cases, the cause of dementia is unknown and cannot be treated.
- Early detection of symptoms is important, as some causes can be treated.
- Obtaining an early diagnosis can help with managing the condition and planning ahead.



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