



Brought to you by the Holy Family Health Ministry

September is Prostate Cancer Awareness Month





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Do not wait for prostate cancer symptoms: check your risk now!!

Early prostate cancer is very treatable. Be aware that there are not usually symptoms in the early stages. Do not wait until you are feeling unwell to think about prostate cancer. If you are over 45 years old, ask your doctor about screening for prostate cancer.

THE STAGES OF PROSTATE CANCER ARE II, III, IV, or I.

Stage I is early-stage cancer, and Stage IV is advanced, cancer that has spread to other parts of the body.

The stage of the prostate cancer depends on:

- If the tumor has spread to nearby tissue, such as the bladder or rectum
- If prostate cancer cells have spread to lymph nodes, bones or other parts of the body
- The Gleason score (grade – describes what the actual cancer cells look like under a microscope) A low Gleason score means the tumor is less likely to spread; a high Gleason score means the tumor is more likely to spread
- The Prostate-specific antigen (PSA) level

Stage I – The cancer is only in the prostate. It might be too small to feel during a DRE (digital rectal exam).

Stage II – The tumor is more advanced, but does not extend beyond the prostate.

Stage III – The tumor extends beyond the prostate and may have invaded a gland, but has not spread to lymph nodes.

Stage IV – The tumor may have invaded the bladder or rectum, and may have spread to lymph nodes, bones, or other parts of the body.

“Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.” 2 Corinthians 4:16

