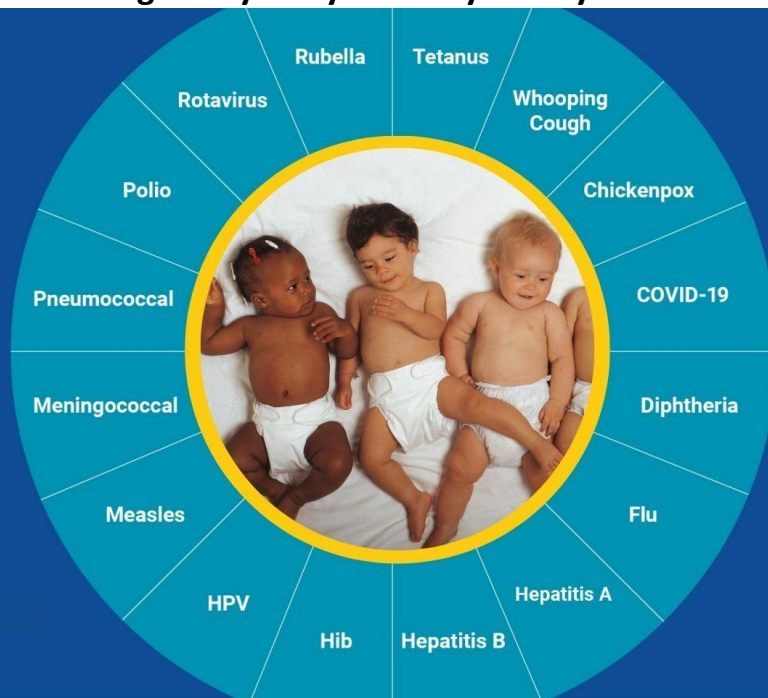




April is Vaccine awareness month:

Brought to you by the Holy Family Health Ministry



*The Centers for Disease Control and Prevention and the American Academy of Pediatrics recommend that children stay on track with their well-child appointments and routine vaccinations. On-time vaccination is critical to help protect against potentially life-threatening diseases.*

- **Vaccines are Safe and Effective:** They help protect infants from serious and potentially fatal illnesses
- **Vaccines Protect against Many Diseases:** One of the best ways to protect your child from measles, mumps, rubella, polio, hepatitis B, and more is by vaccinating infants according to the recommended schedule.
  - **Babies need their first injections at 8 weeks**
- **Community Immunity is Important:** By vaccinating infants and children, parents not only help protect their own children but also contribute to community immunity, helping to protect vulnerable individuals who may not be able to get vaccinated.

**Vaccines are continually monitored for safety. As with any medication, vaccines can cause side effects, but serious side effects are rare!!**

**As there is a spread of measles infections across Texas and other states, it is very important to be sure you and your family members are vaccinated.**

Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth

3 John: 2





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### Vaccine Schedule



**6 in 1** combines vaccines against Diphtheria, Tetanus, Pertussis (whooping cough), Polio, Haemophilus influenzae type b (Hib), and Hepatitis B.

**MenB and MenC** vaccine protects against meningitis and blood poison

**MMR** vaccine protects against measles, mumps, and rubella

**Hib** vaccine protects against Hib bacteria, which can cause severe diseases like meningitis, pneumonia, and blood infections

**4 in 1** vaccine provides protection against four serious diseases: diphtheria, tetanus, pertussis (whooping cough), and polio

**HPV** vaccine protects against human papillomavirus (HPV), a common virus spread through skin-to-skin contact, and linked to some cancers

Vaccines are substances used to stimulate immunity to a particular infectious disease or pathogen. *Vaccination* is one of the best things that can help protect from serious

diseases. <https://www.nfid.org/protecting-infants-the-importance-of-staying-up-to-date-with-recommended-vaccines/>

Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth

3 John: 2

