



EMERGENCY BACKPACK CONTENTS



- ☐ First Aid Kit:
 - ☐ Band-Aids and gauze
 - ☐ Eye patches and bandages
 - ☐ Gloves and scissors
 - ☐ Antibiotics
 - ☐ Alcohol and/or peroxide
 - ☐ Medicine for pain, allergies and prescribed
 - ☐ Others
- ☐ Whistle
- ☐ Water and canned food
- ☐ Radio, flashlight and batteries
- ☐ Personal hygiene products
- ☐ Decks or games
- ☐ Notebook and pencil
- ☐ Sunscreen and bug repellents
- ☐ Plastic trash bags
- ☐ Cash
- ☐ Spray-paint and markers (red and green)
- ☐ Important Documents
(emergency plan, list of people, copy of ID's, etc.)

